



You're in Luck!
DSEA's Annual Spring PD Day is Coming Soon!

Looking for "Clock Hours" or still need "Snow Hours?" Then join us for a full day of outstanding professional development offerings that include:

- Let's Talk: Real Conversations About Supporting the Mental Health Needs of Youth and Their Families
- Working With Trauma: Mindful Approaches
- Restorative Practices in Schools: Creating Safe and Supportive Teaching and Learning Environments
- Trauma, Toxic Stress, and the Impact on Learning
- The Importance of Self-care
- Understanding and Recognizing Student's Mental Health Challenges and Building Resilience
- Strategies for Building Resilience: Creating a Trauma Responsive Culture Within Your Classroom
- And more . . .

So, save the date – Saturday, April 6, 2019
at Polytech Adult Education Center

Workshops run from 9:00 - 12:00 and 1:00 - 4:00. A continental breakfast and lunch are provided. This event is a free, DSEA members only event (see DSEA Cancellation Policy on registration site.)

Registration is now open! Click here to register: <https://cvent.me/QmEy5>

Questions? Contact Debbie Weaver, DSEA Program Assistant, at debbie.weaver@dsea.org or 1-866-734-5834.

PLEASE NOTE: If you are looking to use these workshops for snow hours or clock hours, please make sure that you get prior approval from your district administrator before registering.

Registration closes on Wednesday, March 27th at 4:00 p.m.

DSEA's Annual Spring PD Day

Saturday, April 6, 2019
Polytech Adult Education Center

Agenda

8:00 Registration and Continental Breakfast

8:45 Welcome

9:00 Morning Sessions

- Let's Talk: Real Conversations About Supporting the Mental Health Needs of Youth and Their Families
- Working With Trauma: Mindful Approaches
- Restorative Practices in Schools: Creating Safe and Supportive Teaching and Learning Environments
- Trauma, Toxic Stress, and the Impact on Learning
- The Importance of Self-care
- Understanding and Recognizing Student's Mental Health Challenges and Building Resilience

12:00 – 1:00 Lunch

1:00 Afternoon Sessions (concludes at 4:00)

- Let's Talk: Real Conversations About Supporting the Mental Health Needs of Youth and Their Families
- Mindfulness in the Classroom
- Strategies for Building Resilience: Creating a Trauma Responsive Culture Within Your Classroom
- Youth Substance Use: Understanding Trends and Identifying Problems
- Strategies for Building Resilience: Creating a Trauma Responsive Culture Within Your Classroom
- The Importance of Self-care